

## TRIATHLON LONG

		Male		Swimming		Biking	Cum.	Running	Cum.
1	13	Barrena	Jose	0:08:33	0:53:56	0:45:23	1:21:14	0:27:18	1:21:14
2	25	Smidt	Jan Dirk	0:10:15	1:04:11	0:53:56	1:32:39	0:28:28	1:32:39
3	26	Dieudonne	Maxime	0:11:20	1:03:58	0:52:38	1:33:33	0:29:35	1:33:33
4	27	Masaisai	Miguel	0:14:40	1:06:36	0:51:56	1:34:00	0:27:24	1:34:00
5	21	Williams	Andrew	0:10:20	1:00:22	0:50:02	1:34:24	0:34:02	1:34:24
6	28	Mandaka	Prudent	0:13:48	1:07:18	0:53:30	1:37:34	0:30:16	1:37:34
7	9	Huys	Pieter	0:00:00	1:06:00	1:06:00	1:37:57	0:31:57	1:37:57
8	24	Harlaar	Martijn	0:10:48	1:01:20	0:50:32	1:40:52	0:39:32	1:40:52
9	19	Reynolds	Steven	0:10:29	1:09:13	0:58:44	1:48:01	0:38:48	1:48:01
10	4	Bommel van	Teun	0:10:33	1:09:55	0:59:22	1:49:30	0:39:35	1:49:30
11	5	Rooden van	Maurice	0:12:40	1:10:15	0:57:35	1:50:19	0:40:04	1:50:19
12	20	Kholer	Mark	0:13:08	1:13:07	0:59:59	1:52:48	0:39:41	1:52:48
13	34	Katusiime	Harrison	0:12:09	1:12:38	1:00:29	1:53:05	0:40:27	1:53:05
14	23	Engen van	Joost	0:09:40	1:11:54	1:02:14	1:53:50	0:41:56	1:53:50
15	16	Friedrichsen	Jamil	0:12:50	1:16:21	1:03:31	1:59:01	0:42:40	1:59:01
16	12	Wyler	Bernie	0:13:33	1:23:44	1:10:11	2:00:33	0:36:49	2:00:33
17	18	Gill	Philip	0:12:03	1:14:14	1:02:11	2:00:48	0:46:34	2:00:48
18	17	Low	Duncan	0:13:13	1:15:36	1:02:23	2:01:29	0:45:53	2:01:29
19	1	Hooft	Tommie	0:11:59	1:27:48	1:15:49	2:04:26	0:36:38	2:04:26
20	2	Bommel van	Jorris	0:12:12	1:15:17	1:03:05	2:06:26	0:51:09	2:06:26
21	10	Kalksma	Bart	0:12:45	1:15:35	1:02:50	2:08:47	0:53:12	2:08:47
22	3	Wyler	Ralph	0:11:13	1:18:12	1:06:59	2:14:23	0:56:11	2:14:23
23	11	Kalksma	Bouke	0:11:35	1:23:44	1:12:09	2:17:44	0:54:00	2:17:44
23	14	Blazevic	Neil	0:14:17	1:24:51	1:10:34	2:22:30	0:57:39	2:22:30

## TRIATHLON LONG

		Female		Swimming	Cum.	Biking	Cum.	Running	Cum.
1	101	Soshinskaya	Mariya	0:12:35	1:11:27	0:58:52	1:48:05	0:36:38	1:48:05
2	103	De Bruijne	Milou	0:13:09	1:10:18	0:57:09	1:49:46	0:39:28	1:49:46
3	100	Ronner	Esther	0:13:11	1:13:50	1:00:39	1:58:30	0:44:40	1:58:30
4	102	Adler	Michelle	0:00:00	1:32:10	0:00:00	2:23:10	0:51:00	2:23:10

## TRIATHLON LONG

		TEAM		Swimming	Cum.	Biking	Cum.	Running	Cum.
1	29	Team Florian Stijn		0:10:53	1:06:11	0:55:18	1:31:52	0:25:41	1:31:52
2	6	Aranda		0:09:57	1:03:33	0:53:36	1:41:39	0:38:06	1:41:39

## TRIATHLON SHORT

		Men		Swimming	Cum.	Biking	Cum.	Running	Cum.
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1	54	Servaas	Sjoerd	0:06:52	0:36:36	0:29:44	0:55:15	0:18:39	0:55:15
2	32	Hayyan	Kisitu	0:04:40	0:39:28	0:34:48	0:56:08	0:16:40	0:56:08
3	41	Kalksma	Titus	0:06:25	0:40:38	0:34:13	0:59:38	0:19:00	0:59:38
4	33	Ndpanga	Imran	0:05:10	0:41:48	0:36:38	1:01:28	0:19:40	1:01:28
5	51	Turner	Simon	0:06:49	0:42:08	0:35:19	1:02:00	0:19:52	1:02:00
6	40	Dijkslag	Herman	0:07:23	0:42:20	0:34:57	1:05:11	0:22:51	1:05:11
7	43	Engen van	Nikolaj	0:07:05	0:48:44	0:41:39	1:11:54	0:23:10	1:11:54
8	48	Hajmiah	Nabakka	0:05:24	0:46:29	0:41:05	1:12:04	0:25:35	1:12:04
9	47	Kiswle	Joel Bakka	0:07:59	0:48:53	0:40:54	1:16:37	0:27:44	1:16:37
10	50	Skelton	Shaun	0:08:13	0:54:04	0:45:51	1:24:08	0:30:04	1:24:08
11	49	Matova	Ronald	0:05:47	1:01:06	0:55:19	1:32:32	0:31:26	1:32:32
12	53	Lavis	Frederic	0:08:10	1:27:23	1:19:13	2:26:03	0:58:40	2:26:03

### TRIATHLON SHORT

		Women		Swimming	Cum.	Biking	Cum.	Running	Cum.
1	62	Kohler	Robin	0:05:04	0:49:28	0:44:24	1:03:04	0:13:36	1:03:04
2	66	Vliet van	Lotte	0:06:48	0:41:54	0:35:06	1:05:55	0:24:01	1:05:55
3	59	Tsui	Sharon (USA)	0:12:59	1:07:51	0:54:52	1:07:51	0:00:00	1:07:51
4	58	Roekel van	Carina		0:48:18	0:48:18	1:09:13	0:20:55	1:09:13
5	65	Maarse	Nicole		0:45:16	0:45:16	1:09:19	0:24:03	1:09:19
6	67	Bruegelmann	Verena	0:08:10	0:48:18	0:40:08	1:09:38	0:21:20	1:09:38
7	68	Vos	Anna	0:07:59	0:48:18	0:40:19	1:09:38	0:21:20	1:09:38
8	61	Kohler	Amanda	0:06:18	0:46:13	0:39:55	1:11:54	0:25:41	1:11:54
9	56	Acar	Melissa	0:08:06	0:49:19	0:41:13	1:12:08	0:22:49	1:12:08
10	72	Tobiassen	Rose	0:06:49	0:51:33	0:44:44	1:17:33	0:26:00	1:17:33
11	73	Tucker	Katherina	0:06:12	0:00:00	0:00:00	1:18:33	0:00:00	1:18:33
12	60	Tsui	Molly	0:10:02	0:56:40	0:46:38	1:19:34	0:22:54	1:19:34
13	63	Kohler	Romina	0:07:01	0:54:24	0:47:23	1:20:59	0:26:35	1:20:59

\* Nicole Maarse had looked after an injured participant and still managed to get 5th! Incredible sport(wo)ma

### TRIATHLON SHORT

		TEAM		Swimming	Cum.	Biking	Cum.	Running	Cum.
1	44	Kamstra		0:04:49	0:34:11	0:29:22	0:51:28	0:17:17	0:51:28
2	45	Rohde		0:06:48	0:36:49	0:30:01	0:57:50	0:21:01	0:57:50
3	52	Clow		0:04:01	0:43:10	0:39:09	1:02:32	0:19:22	1:02:32
4	57	Harding		0:06:12	0:38:48	0:32:36	1:02:35	0:23:47	1:02:35
5	59	Tsui		0:12:59	1:07:51	0:54:52	1:07:51	0:00:00	1:07:51
6	69	Burke family		0:08:27	0:49:28	0:41:01	1:10:02	0:20:34	1:10:02
7	64	Engen van		0:10:01	0:54:47	0:44:46	1:20:34	0:25:47	1:20:34



